

Betty Lee, Certified Happiness Trainer

10 Interview Questions for Betty Lee

1. What is “Happy for No Reason”?
2. What are some common misconceptions about happiness?
3. How can one achieve this state of happiness?
4. Can this state be long lasting?
5. Why did you want to become a Certified Happiness Trainer?
6. What are your objectives as a Certified Happiness Trainer, and who can benefit?
7. What are the key concepts and practices from Marci Shimoff’s International Bestseller “**Happy for No Reason?**”
8. How do you teach these foundational concepts?
9. Can you share your personal experiences with happiness and unhappiness?
10. What are some of your interests or favorite jokes?

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A short Bio and Press release are available on the Media page.